

ESOL LEARNERS CHECKLIST

**works
for us**

Part of Citizens Advice Milton Keynes



1. Join a non-accredited English conversation class

- Attend an ESOL course at Works for Us
- Visit a Community Learning MK class at Christ the Cornerstone Church
- Try the MK Library conversation group on Thursday
- Keep a notebook for new words



2. Start independent online learning

- Complete lessons on ESOL online; <https://openoregon.pressbooks.pub/esol23/>
- Use British Council ESOL for extra practice
- Try ESOLcourses.com for reading and listening.
- Practice with "Games to Learn English"
- Visit BBC Skillswise for grammar and spelling
- Set a weekly target (example: 3 x 20 minutes)



3. Explore volunteering opportunities

- Contact Works for Us for volunteering guidance
- Browse roles at Community Action MK
- choose a role that matches your skills and interests.
- Tell the organisation you are learning English
- Keep notes of new vocabulary from your volunteering



4. Prepare for accredited ESOL courses

- Check MK College website for ESOL course dates (February and September)
- Register 2 months early to secure a place
- Contact admissions team at MK College if needed
- Check Community Learning MK website for ESOL programmes
- Keep practising to prepare for initial assessments



5. Build a routine

- Practice English daily
- Attend conversation groups regularly
- Mix classroom learning with online practice



6. Set personal goals

- A short term goal (example: learn 10 new words each week)
- A confidence goal (example: speak English in a shop once a week)
- A long term goal (example: enrol in MK College this year)



7. Get support

- Contact Works for Us for ESOL guidance
- Ask for help with CV writing and job searching
- Request help registering for college or community learning
- Speak to your tutor about progress and next steps



Your progress tracker

- I have joined at least one conversation class
- I practice English at home every week
- I have used at least 2 online learning websites
- I have explored or started volunteering
- I have registered or plan to register for accredited ESOL
- I feel more confident speaking English