

GUIDE TO INDEPENDENT ONLINE ESOL LEARNING

**works
for us**

Part of Citizens Advice Milton Keynes

Independent learning helps you improve faster and build confidence. Aim for regular weekly practice. Make English a part of your daily routine. Small, regular practice makes a big difference.

Benefits

- Learn at your own speed
- Improve vocabulary, grammar, reading and listening
- Preparing for volunteering or accredited study
- Support what you learn in class

Recommended free online resources

ESOL lessons online

As part of our in-person session we recommend you access this training at least 3 times a week to help you progress. We will guide you in class on how to access it. If you need extra support, you can book an appointment with our Digital Skills trainer.

Link: <https://openoregon.pressbooks.pub/esol23/>
(This follows the style of Mehjabeen's lessons)

British Council ESOL

Website: <http://esol.britishcouncil.org/content/learners>

ESOL Courses – Free Lessons

Website: <https://www.esolcourses.com/>

Games to Learn English

Website: <https://www.gamestolearnenglish.com/>

BBC Skillswise (English)

Website: <https://www.bbc.co.uk/teach/skillswise/articles/zjg4scw>



Suggestions

- Set a weekly goal (e.g., 3 × 20-minute sessions)
- Use headphones for better listening practice
- Try a mix of grammar, reading, and speaking games
- Practice with a friend to stay motivated
- Book an appointment with our team to explore volunteering opportunities in the community to progress quicker and gain work based skills.